

## North Cravens Community Group

# NCCG Newsletter

neighbors building neighborhoods

## “SHOEBOXES” FOR SENIORS

### Special points of interest:

- “Shoeboxes”
- Hike and Bike
- What is the NCCG
- The NCCG Mission Statement
- About our Website
- Holiday safety Tips

**The Villages of Fairfield have asked us to partner with them in this effort.**

The Shoeboxes for Seniors Gift Collection kicks off November 26 and will continue through December 11.

There are three ways you can participate:

1. Donate an unwrapped shoebox filled with items for a senior (such as toiletries, socks, playing cards, gift cards) - \$10 value. Check [VFNA](#) website for a list of suggested shoebox items.

2. Donate items to be included in a shoebox gift.

3. Donate monetarily. All money collected will be used to buy gift items to fill more shoeboxes for seniors.

Feel free to Personalize gift tags of seniors. Cards can always brighten someone’s day.

“Some seniors do not have any family members who come to visit at the holidays, much less during the year, and it can be an especially hard time of year for them,” said Drive Coordinator Michele Schoonmaker. “



This will be the first year we’ve done a drive for seniors, but We’ve heard stories from others who have participated in similar drives that the response from seniors is one of overwhelming gratitude. A simple care package can mean the world to them!

The team has set a goal of 100 shoeboxes, so please consider giving generously to local seniors! [Read more about this](#)

### Inside this issue:

Around the Cooler	2
Work Life Balance	2
Save on Utilities	2
Our Mission Statement	3
Honoring Officers	3
Holiday Safety Tips	4
Crime Watch Links	4

## What is The North Cravens Community Group?

The North Cravens Community Group has been serving the neighborhood north of Cravens Park over the past few years.. Our organization is not a homeowners group, but, rather a group of neighbors dedicated to a

safe, clean and desirable neighborhood. We do not require that you belong to any particular affiliation or possess any previous memberships to join our organization. We do ask that you support our organization

through regular participation in activities and the community watch.

Please make sure you are on the [e-mailing list](#) and ask your neighbors to participate..

## Around The Water Cooler



*On Nov. 15th a District 3 Town Hall Meeting took place to discuss the Parks and Trail system (excerpt)*

Create a livable City with an efficient and innovative multi-modal transportation system, increased economic development opportunities, a unique character and a high quality of life.

### ARLINGTON HIKE AND BIKE MASTER PLAN

Project Goal:

- Create a city-wide master plan to guide the development of a comprehensive system of off-street trails and on-street facilities that will:
- Connect users to

key destinations throughout the City

- Provide connections to adjacent cities
- Provide opportunities for a wide variety of recreational activities
- Encourage alternative modes of transportation. [Read more..](#)

## Life Work Balance

---

*"The purpose of life is to discover your gift. The meaning of life is to give it away."  
David Viscott*

---

### Work-Life Balance Defined: What it really means!

Despite the worldwide quest for Work-Life Balance, very few have found an acceptable definition of the concept.

Here's a proven definition that will positively impact your everyday value and balance starting today. (Average reading time 120 seconds).

Let's first define what work-life balance is not.

Work-Life Balance does

not mean an equal balance. Trying to schedule an equal number of hours for each of your various work and personal activities is usually unrewarding and unrealistic. Life is and should be more fluid than that. [Read more..](#)

## How to Harvest Heat in a Home.....

For most of us, the cost of heating our home during the cold weather months takes a significant piece of our monthly income. Sure, we know we can reduce our heating costs by adding insulation and installing new weather stripping and caulking-but wouldn't it be nice if we could come up with some ways to help heat our home without spending money? Fortunately, we have a number of existing heat sources already in our homes-and by harvesting some of the heat from these unusual places-you can actually lower your total home heating bill. [Here are some ways to do it.](#)



## The NCCG Mission Statement

### The mission is to preserve the Neighborhood Character

•**Goal:** Encourage property maintenance and reinvestment in the neighborhood. In addition to maintenance of structures themselves, it is also important to maintain those aspects of the properties that contribute to the overall atmosphere of the neighborhood, primarily the lawns, shrubs, trees, fences, mailboxes

and any outbuildings on the properties. For these reasons, the neighborhood would like to focus on the following recommendations in hopes of encouraging residents to comply with City codes for the benefit of the entire neighborhood:

### Sense of Community

•**Goal:** To preserve the quality of life offered to neighborhood residents and to promote a sense of

pride in the community.

### Safety and Crime Prevention

•**Goal:** To increase safety in the neighborhood.

### Neighborhood Traffic and Transportation

•**Goal:** To ensure that neighborhood traffic does not adversely affect the quality of life in the neighborhood.



## The NCCG Website

### The website

[www.NorthCravens.com](http://www.NorthCravens.com) is designed to be a source of information and links to information. Including

- Code enforcement
- School information
- Graffiti removal
- Animal control
- And many more useful links

It also includes contact info for our City Council and The Police Officers that patrol our area. Please feel free to make suggestions for the website.

The “our phone pole” section is designed for notices, lost pets etc.

Please consider joining our social media pages

- [Facebook](#)
- [Twitter](#)

And don't forget Arlington's [YouTube Page](#)

---

*"We make a living by what we get. We make a life by what we give."*

*Winston Churchill*

---

## New Tradition Honoring Fallen APD Officers

A new tradition honoring the Arlington Police Department's fallen officers. The Arlington Police Department and Arlington Police Association are collaborating to recognize the sacrifices of the Arlington Police Department's fallen officers on the anniversary of each of their deaths. Beginning this weekend, we will honor Officers Terry Lewis and Jerry Crocker, who were killed when a drunk driver struck their patrol vehicle on Oct. 9, 1992.

*"This tradition will continue throughout the calendar year recognizing each of the seven officers who have died in the line of duty for the Police Department on the date of their End of Watch. For each officer, the families will be consulted about the best way to show our appreciation. The next officer scheduled to be recognized is Officer Evans Johnson, the first Arlington police officer to die in the line of duty on Nov. 23, 1930. "* [read more](#)



# Community Bureau Community Support Bureau Holiday Safety Tips

## HOME SAFETY

- Make your home appear occupied even when you are not there.
- Put timers on televisions, radios, and lights. Have them in different rooms and have them on at different times.
- Have a friend or neighbor pick up your mail and paper so it appears you are still home.
- After opening gifts do not advertise what you just received. Break down boxes, turn them inside out, and dispose of them.
- Do not display your Christmas tree and presents in front of a window where they can be seen by people passing by.
- Do not share your holiday travel plans through digital media such as Facebook and other similar sites.
- Make sure to always keep your doors and windows locked. Check them daily.
- The holidays are a good time to update, or create, your home inventory. Make a list of all your valuables and record their serial numbers. If it is an item with no serial number take a close up photo.

## SHOPPING SAFETY

- Always park in well lit areas.
- Shop with family or friends. There is safety in numbers.
- Be aware of your surroundings. Walk with a purpose and with your head up so you can observe any possible threats.
- Have your car keys in hand so that you can quickly and easily enter your vehicle.
- Ask the store for an escort, to your vehicle, if you feel unsafe .
- Store packages in the trunk of your vehicle.
- Make sure children know that if they get separated from a parent to go to a Police Officer, Security Guard or store employee for help.
- Only carry one or two credit cards and a limited amount of cash with you.
- Carry a purse close to your body, under your arm, and keep a wallet in the front pants pocket.



**Stay Involved.....**

For more Crime Prevention Tips visit the Arlington Police Departments web site at [arlingtonpd.org](http://arlingtonpd.org) .